

## **Amy Nunn - USFS Master Coach and Technical Specialist, ACSM Exercise Physiologist**

*Specializes in Competitive (IJS), Excel, and Recreational skaters of all ages, Skating Skills, Jumps, Spins, Choreography, and Off-Ice Training (Electric Spinner/Harness).*

Amy Nunn grew up skating at the Burnsville (MN Valley) Figure Skating Club. She trained at the Olympic Training Center in Colorado Springs for 10 years. Throughout her time in Colorado, she completed her Gold Skating Skills and Singles tests, was a 6-time Sectional qualifier, two-time International Competitor (France and China), as well as the 2008 National Collegiate Silver Medalist. Amy worked with many International, Olympic, and World coaches and choreographers, who helped her skating and coaching grow to heights she never imagined. She has also completed her Partnered Ice Dance tests through Pre-Silver.

Amy graduated Magna Cum Laude with a degree in Exercise Science and is certified as an Exercise Physiologist through the American College of Sports Medicine. Amy firmly believes in off-ice training to prevent injuries. Her coaching career began in 2004 at the Learn to Skate level, and she started assisting/teaching private students in 2008. She is a member of the USFS with a Master Rating in Skating Skills and Singles and is an official serving as a Technical Specialist. Amy has also been the director of the Chaska Summer Camp for the past 3 years. She continually seeks higher education in all areas of coaching. Every skater has a different learning style, and Amy tailors her coaching to reach the needs of each individual. Skating is a big passion in her life, and it is a blessing to share it with her students.

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